

NORDIC
24-25 WORKBOOK

ONE / WAY

ディーラー様向け暫定カタログ



OUR PUREST BLEND.

PREMIO 40

NORDIC / WORLD CUP



PREMIO 40

¥77,000 (本体 ¥70,000)
Made in China

Item no.	OZ40024	OZ40124
Lengths	135 - 175 (2,5cm)	KIT 150, 160, 170, 180
Weight per meter	52g	52g
Shaft material	UHM Carbon 100%	UHM Carbon 100%
Grip	MRS Grip MV	To be ordered separately.
Strap	MRS WC Strap	To be ordered separately.
Shaft ø	16:9 (mm)	16:9 (mm)
Basket	Exchange Basket M	Exchange Basket M
Tip	Sintered Tip	Sintered Tip
Finish	Decal w/o finish	Decal w/o finish
Price, €		

PREMIO 40 KIT

¥77,000 (本体 ¥70,000)
Made in China

Product text

Do you want to be in the lead instead of disappearing in the pack? Then follow the pros and choose the Premio 40, our lightest, most balanced XC pole from the World Cup. Its 10% stiffer and 11% more breakresistat carbon shaft compared to the Premio 30 and the quick-swap, tool-free Exchange Basket System bring even more advantages in terms of performance and handling. The brandnew high performance MRS Grip-Strap setup ensures maximum power transfer and allows you to get the most out of each push-off.

Do you want to be in the lead instead of disappearing in the pack? Then follow the pros and choose the Premio 40, our lightest, most balanced XC pole from the World Cup. Its 10% stiffer and 11% more breakresistat carbon shaft compared to the Premio 30 and the quick-swap, tool-free Exchange Basket System bring even more advantages in terms of performance and handling. Grip and Strap to be ordered separately.

78kgm² 18mm 52g/m

702mm 480N

78kgm² 18mm 52g/m

702mm 480N



Johannes Dale-Skjevdal (NOR) & Vetle Sjøstad Christiansen (NOR)

Photo: ONE WAY / NordicFocus

MODULAR RACE GRIP SYSTEM

Hands are naturally different in size. The new modular Race Grip System now offers the optimum grip size for any hand size. Especially in racing, but also for aspiring recreational athletes, the pole must fit ideally in the hand for optimal power transfer. This is ensured by the three available grip sizes of the modular Race Grip System, each with different volumes. The grips are offered in low, mid and high volume and can be selected individually for each cross-country skier.

LOW
VOLUME



MID
VOLUME



HIGH
VOLUME



MRS GRIP LV
OZ80023

¥4,840 (本体 ¥4,400)
Made in China



Fibre-reinforced Grip with 360° cork shield for small hands. Compatible with all 16 mm shafts.

MRS GRIP MV
OZ80123

¥4,840 (本体 ¥4,400)
Made in China



Fibre-reinforced Grip with 360° cork shield for mid-sized hands (average hand size). Compatible with all 16 mm shafts.

MRS GRIP HV
OZ80223

¥4,840 (本体 ¥4,400)
Made in China



Fibre-reinforced Grip with 360° cork shield for big hands. Compatible with all 16 mm shafts.

MRS WC STRAP
OZ81023

¥3,850 (本体 ¥3,500)
Made in China

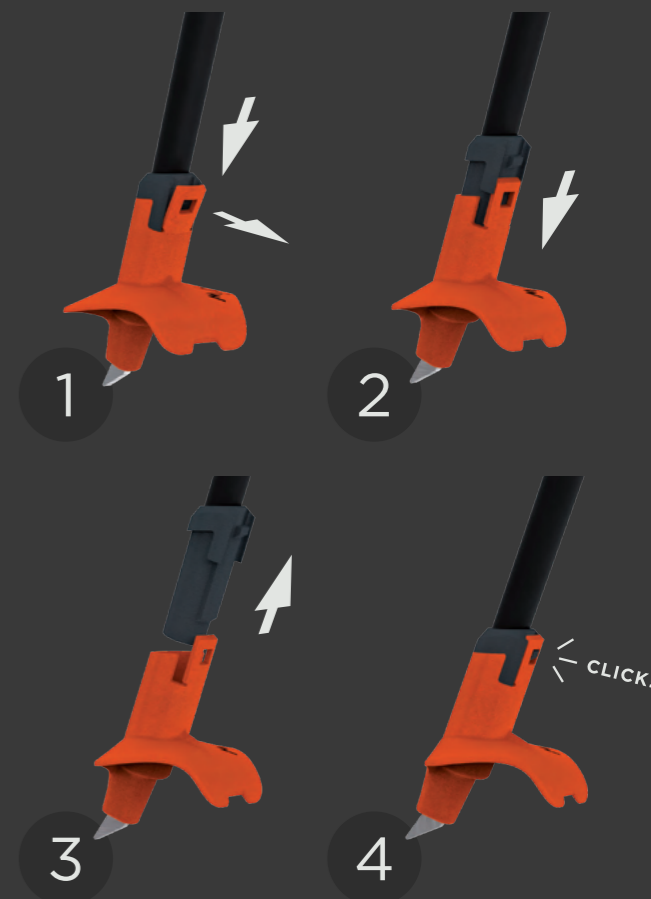


High performance strap from Worldcup with fixed strap connection. Compatible with MRS Grip LV, MV and HV. Sizes: XXS / XS / S / M / L / XL / XXL.

GRIP & STRAP CONNECTION

With the MRS WC Strap, the locked-in connection between the strap and the grip ensures optimal hold, providing power transfer and control with every pole stroke. The ergonomically designed straps are offered in seven different sizes to fit different hand sizes.

For the initial installation of the strap, it must first be inserted into the channel provided in the grip. Then the wedge is pushed laterally through the eyelet of the strap into the grip. The clicking sound confirms that the insert is locked in place and the strap is secured against accidental loosening or misadjustment.



EXCHANGE BASKET SYSTEM

The ONE WAY Exchange Basket System makes changing pole baskets easy for everyone - from World Cup to marathon and fitness level skiers. The lightweight Exchange Basket System offers the option of quickly and easily replacing the basket on all cross country pole models that feature a 9 mm shaft tip.

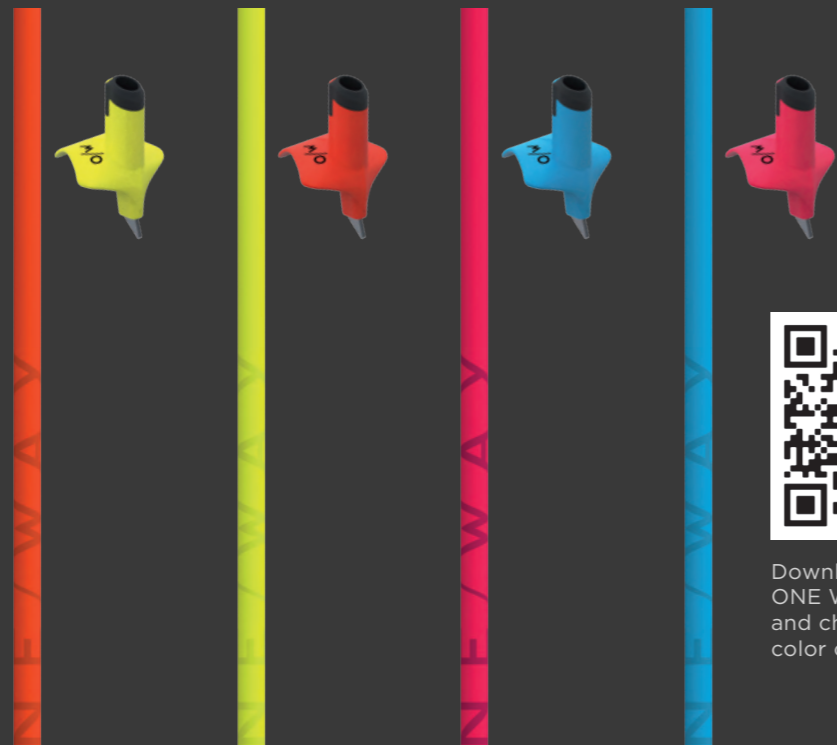
REMOVAL: Pull the retaining clip away from the shaft releases the basket.

REPLACING: The fastening clip guides the basket into the correct position on the pole shaft. Push the basket firmly onto the pole shaft until you hear a click sound confirming that the basket is fully engaged on the retaining clip.

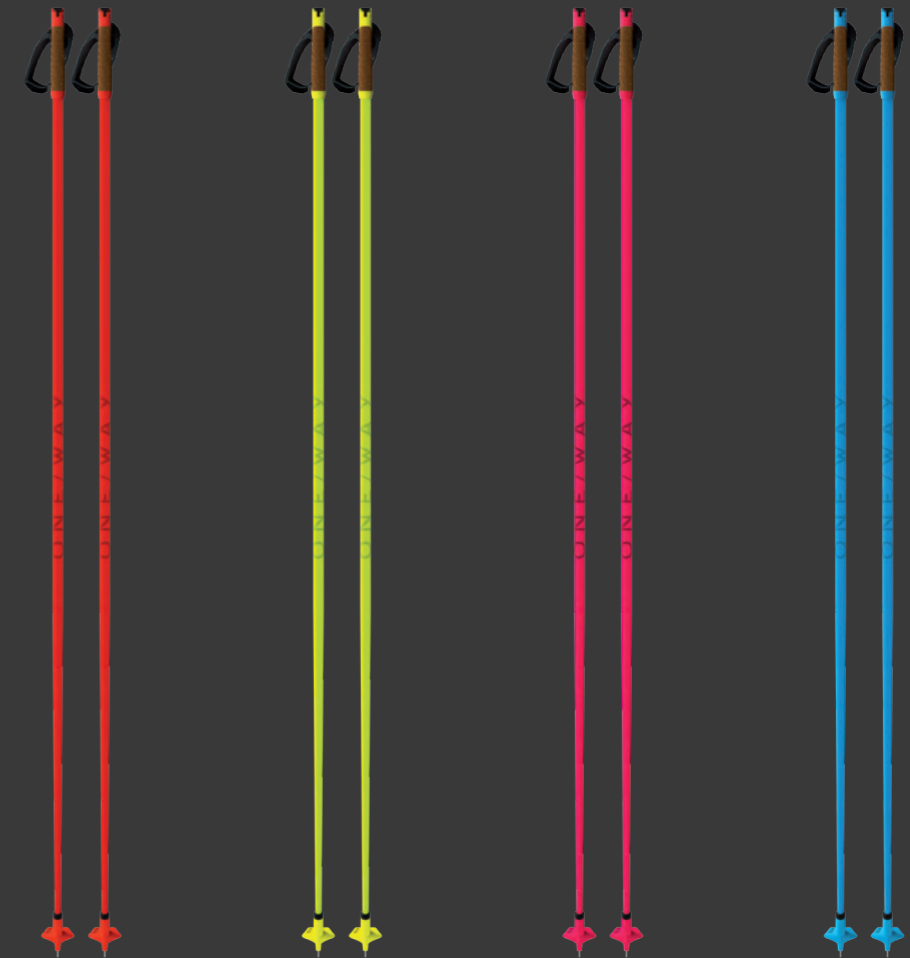
The ONE WAY Exchange Basket System includes a small basket with a lightweight aluminum tip for compact, non-icy conditions and a medium-sized basket for universal use, and two pairs of rollerski tips. Also included in the package: 2 pair sleeves, one release tool and one storage bag.

FIND YOUR MATCH.

STORM GTX CONCEPT.



Download the official ONE WAY GTX APP and choose your own color combination.



STORM GTX ORANGE - COMPLETE KIT **STORM GTX YELLOW - COMPLETE KIT** **STORM GTX PINK - COMPLETE KIT** **STORM GTX BLUE - COMPLETE KIT**

¥25,300 (本体 ¥23,000) Made in China ¥25,300 (本体 ¥23,000) Made in China ¥25,300 (本体 ¥23,000) Made in China ¥25,300 (本体 ¥23,000) Made in China

Item no.	OZ41323	OZ41423	OZ41523	OZ41623
Lengths	KIT 170 cm	KIT 170 cm	KIT 170 cm	KIT 170 cm
Weight per meter	85g	85g	85g	85g
Shaft material	Carbon 70%	Carbon 70%	Carbon 70%	Carbon 70%
Grip	Mag Point Grip 2.0	Mag Point Grip 2.0	Mag Point Grip 2.0	Mag Point Grip 2.0
Strap	Mag Point Strap 2.0	Mag Point Strap 2.0	Mag Point Strap 2.0	Mag Point Strap 2.0
Shaft ø	16:9 (mm)	16:9 (mm)	16:9 (mm)	16:9 (mm)
Basket	Exchange Basket M	Exchange Basket M	Exchange Basket M	Exchange Basket M
Tip	Sintered Tip	Sintered Tip	Sintered Tip	Sintered Tip
Finish	Softtouch	Softtouch	Softtouch	Softtouch
Price, €				

Product text Find Your Match! These poles will add a burst of color to the slopes. You choose the colors of the individual components to create your own, individual Storm GTX poles. The Storm GTX, with its stable-yet-light, 70% carbon shaft, is a great addition to any serious Nordic skier's gear. It also has the unique Mag Point System 2.0 quick-attach magnetic capability. A simple to use button lets you attach or detach the strap without having to open it. High-quality Mag Point Strap 2.0 and Mag Point Grip 2.0 optimize your control and maximize your power transfer. The quick-swap, tool-free Exchange Basket System lets you easily match the basket to whatever terrain and conditions you're in.

STORM GTX SHAFT - CUSTOM COLOUR

¥9,900 (本体 ¥9,000) Made in China

Item no. OZ85623 Shaft Carbon 70%
Lengths KIT 170 cm Shaft ø 16:9 (mm)
Weight 85g (per meter) Finish Softtouch

EXCHANGE BASKET M

Item no. OZ83221 ¥3,520 (本体 ¥3,200) Made in China
Tip Sintered Tip



MAG POINT STRAP 2.0

Item no. OZ81821 ¥4,400 (本体 ¥4,000) Made in China



MAG POINT GRIP 2.0

Item no. OZ80323 ¥5,500 (本体 ¥5,000) Made in China





STORM 3

¥26,400 (本体 ¥24,000)
Made in China



STORM 4

¥23,100 (本体 ¥21,000)
Made in China



STORM 5

¥17,600 (本体 ¥16,000)
Made in China



STORM 6 DARK

¥13,200 (本体 ¥12,000)
Made in China

Item no.	OZ42121	OZ42323	OZ42521	OZ42922
Lengths	130 - 175 (2,5cm)	130 - 175 (2,5cm)	130 - 175 (5cm)	130 - 175 (5cm)
Weight per meter	80g	85g	90g	100g
Shaft material	Carbon 90%	Carbon 70%	Carbon 50%	Carbon 30%
Grip	Carbon Grip	Carbon Grip	Carbon Grip	Carbon Grip
Strap	AV Race Strap	AV Race Strap	AV Race Strap	AV Race Strap
Shaft ø	16:9 (mm)	16:9 (mm)	16:9 (mm)	16:9 (mm)
Basket	Exchange Basket M	Exchange Basket M	Flash Premio M Basket (flame)	Flash L Basket (neon yellow)
Tip	Sintered Tip	Sintered Tip	Sintered Tip	Sintered Tip
Finish	Softtouch	Softtouch	Softtouch	Softtouch
Price, €				

Product text

The Storm 3 is a light and durable pole, with a 90% Carbon shaft, made for demanding skiers. AV WC Strap and Carbon Grip offer the perfect blend of efficient power transfer and comfort for a carefree Nordic ski experience. The quick-swap, tool-free Exchange Basket System lets you easily match the basket to whatever terrain and conditions you're in.

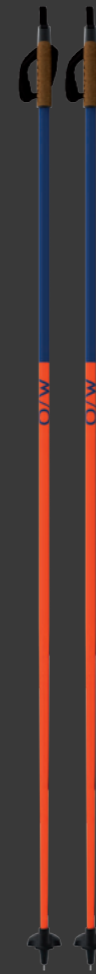
The Storm 4, with its stable and lightweight 70% carbon shaft, is a great addition to any serious Nordic skier's gear. AV WC Strap and Carbon Grip offer the perfect blend of efficient power transfer and comfort for a smooth and easy Nordic ski experience. The quick-swap, tool-free Exchange Basket System lets you easily match the basket to whatever terrain and conditions you're in.

The Storm 5 is a lightweight pole with proven performance and a 50% carbon shaft for active skiers. The AV Premio Strap, Carbon Grip, and Flash Premio Basket provides the needed support in all types of snow conditions to enjoy your next tour on the tracks.

The Storm 6 Dark is a 30% Carbon pole with AV Race Strap, Carbon Grip, and Flash Basket for energetic skiers. It offers the necessary support and comfort in all types of snow conditions to enjoy your next tour on the tracks.

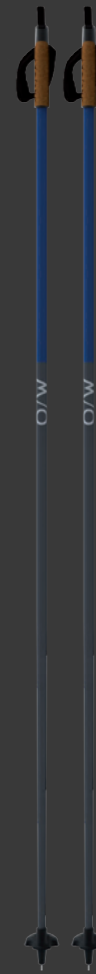


SIMPLE,
CLEAR &
CONCISE.
DIAMOND 1 MAG



DIAMOND 1

¥11,000 (本体 ¥10,000)
Made in China



DIAMOND 2

¥8,800 (本体 ¥8,000)
Made in China



DIAMOND 3

¥66,000 (本体 ¥6,000)
Made in China

Item no.	OZ43121	OZ43221	OZ43321
Lengths	130 - 155 (5cm)	135 - 155 (5cm)	125 - 165 (5cm)
Weight per meter	105g	112g	112g
Shaft material	Carbon 10%	Fiberglass 100%	Fiberglass 100%
Grip	Cork Grip half	Cork Grip half	Cork Grip half
Strap	AV Strap	AV Strap	Exit Strap
Shaft ø	16:11 (mm)	16:11 (mm)	16:11 (mm)
Basket	XC Basket 11mm	XC Basket 11mm	XC Basket 11mm
Tip	Steel Tip	Steel Tip	Steel Tip
Finish	Softtouch	Softtouch	Softtouch
Price, €			

Product text

As an active recreational skier the Diamond 1 with 10% Carbon will live up to all your expectations. The Carbon pole with AV Strap, Cork Grip, and 11mm XC Basket is the perfect choice for a comfortable and safe Nordic skiing experience.

The lightweight and durable Diamond 2 is an excellent choice for beginning skiers. It is equipped with AV Strap, Cork Grip, and an 11mm XC Basket to supports your enjoyable experience on Nordic ski tracks in any conditions.

The easy to use Diamond 3 is the basic performance pole for beginners. Exit Strap, Cork Grip, and 11mm XC Basket are easy to handle, comfortable, and durable all winter long.





BC VARIO

¥26,400 (本体 ¥24,000)
Made in China

Item no.	OZ45024	OZ45224	OZ45221
Lengths	115 - 160 (variable)	130 - 165 (5cm)	120 - 165 (5cm)
Weight per meter	105g	105g	115g
Shaft material	Alu 7075	Alu 7075	Alu 6013
Grip	Multi Grip + Grip Elongation	Multi Grip	TPR Grip
Strap	Fusion Strap	Fusion Strap	Fusion Strap
Shaft ø	16:14:9 (mm)	16:9 (mm)	16:9 (mm)
Basket	BC Basket	BC Basket XTD	Offtrack Basket
Tip	Sintered Tip round	Steel Tip directional	Steel Tip
Finish	Matt	Matt	Matt
Price, €			

Product text

The BC Vario is a light, durable aluminum you can depend on when needed on any backcountry tour. BC Quick Lock lets you easily set the right pole length with one simple action. The large, lightweight, and flexible BC Basket adapts to any gradient. Multi Grip gives you the ideal grip position for safety and comfort no matter what the terrain is on the ascent.



105g/m



BC MOUNTAIN

¥17,600 (本体 ¥16,000)
Made in China

The versatile, light BC Mountain aluminum pole is a trusted travelling partner in the backcountry. The extra large, lightweight, and flexible BC Basket XTD adapts to any gradient. Multi Grip gives you the ideal grip position for safety and comfort no matter what the terrain is on the ascent.



105g/m



BC OFFTRACK

¥8,800 (本体 ¥8,000)
Made in China

A dependable pole is critical in extremely difficult skiing conditions. The BC Offtrack is secure in your hand and performs well off the track, especially in deep snow.



115g/m



PREMIO JR

¥18,700 (本体 ¥17,000)
Made in China

Item no.	OZ46124	OZ46224	OZ46221	OZ46321
Lengths	100 - 145 (5cm)	90 - 130 (adjustable)	100 - 145 (5cm)	70 - 130 (5cm)
Weight per meter	75g	75g	75g	95g
Shaft material	Carbon 60%	Carbon 50%	Carbon 10%	Fiberglass 100%
Grip	MRS Grip LV	Cork Kids Grip	Cork Kids Grip	Cork Kids Grip
Strap	MRS WC Strap	AV Race Strap	AV Race Strap	Exit Strap
Shaft ø	16:9 (mm)	16:14:9 (mm)	16:9 (mm)	16:11 (mm)
Basket	Exchange Basket M	Flash Premio M basket (yellow)	Flash Premio M Basket (flame)	XC Basket 11mm
Tip	Sintered Tip	Sintered Tip	Sintered Tip	Steel Tip
Finish	Decal w/o finish	Matt	Matt	Softtouch
Price, €				

Product text

Constructed of 60% carbon, the Premio JR is a real lightweight race pole for young skiers. It also features the high-quality AV WC Strap and the Cork Kids Grip for secure comfort. The quick-swap, tool-free Exchange Basket System lets you easily match the basket to whatever terrain and conditions they're in. This is the ideal pole for kids looking to follow in the tracks of Nordic pros like Julia Simon and Quentin Fillon Maillet.



75g/m



STORM VARIO JR

¥18,700 (本体 ¥17,000)
Made in China

Discover the Storm Vario JR. Thanks to its Quick Lock function, the length-adjustable telescopic pole is quickly and easily adjusted. Whether for classic or skating - the Storm Vario JR is versatile. With its carbon construction, it is not only particularly lightweight, but also extremely robust and durable. The high-quality AV Race Strap, Cork Kids Grip and Flash Premio Basket support the winners of tomorrow on the road to success.



75g/m



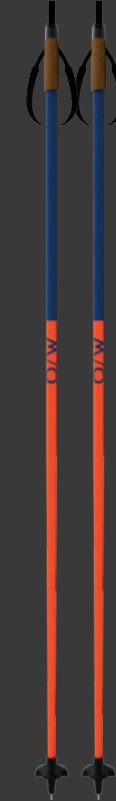
STORM JR

¥11,000 (本体 ¥10,000)
Made in China

With its 30% Carbon construction, the Storm JR is a very light and durable pole for active kids and junior racers. The high performance AV Race Strap, Cork Kids Grip, and Flash Basket are adapted for kids to support them on their way to becoming tomorrow's Nordic skiing stars.



75g/m



DIAMOND JR

¥5,500 (本体 ¥5,000)
Made in China

This light and durable junior pole Diamond JR, with an easy to use Exit Strap, Cork Kids Grip, and 11mm XC basket, is the best partner for kids to accompany them from their first time on Nordic skis to having fun on the snow.





95g/m


SPARE PARTS


Model & Article no. Description, Compatibility


STRAPS

AV WC STRAP NEON ORANGE

 OZ81021
 ¥3,850 (本体 ¥3,500)
 Made in China

AV RACE STRAP

 OZ81121
 ¥3,520 (本体 ¥3,200)
 Made in China

MRS WC STRAP

 OZ81023
 ¥3,850 (本体 ¥3,500)
 Made in China

MAG POINT STRAP 2.0 FLAME ORANGE

 OZ81321
 ¥4,400 (本体 ¥4,000)
 Made in China


MAG POINT STRAP 2.0 ASPHALT GREY

 OZ81821
 ¥4,400 (本体 ¥4,000)
 Made in China

AV STRAP

 OZ81221
 ¥2,750 (本体 ¥2,500)
 Made in China

EXIT STRAP

 OZ81421
 ¥2,420 (本体 ¥2,200)
 Made in China

FUSION STRAP

 OZ81721
 ¥2,420 (本体 ¥2,200)
 Made in China

GRIPS

CARBON GRIP

 OZ80021
 ¥4,840 (本体 ¥4,400)
 Made in China

MAG POINT GRIP 2.0


 OZ80323
 ¥5,500 (本体 ¥5,000)
 Made in China

CORK GRIP HALF

 OZ80321
 ¥3,850 (本体 ¥3,500)
 Made in China


CORK KIDS


 OZ80421
 ¥3,850 (本体 ¥3,500)
 Made in China


GRIP MULTIGRIP

 OZ80521
 ¥4,840 (本体 ¥4,400)
 Made in China


Model & Article no. Description, Compatibility


GRIPS

TPR GRIP

 OZ80621
 ¥2,530 (本体 ¥2,300)
 Made in China


FILLED CORK GRIP

 OZ80522
 ¥2,750 (本体 ¥2,500)
 Made in China


MRS GRIP LV

 OZ80023
 ¥4,840 (本体 ¥4,400)
 Made in China

MRS GRIP MV

 OZ80123
 ¥4,840 (本体 ¥4,400)
 Made in China

MRS GRIP HV

 OZ80223
 ¥4,840 (本体 ¥4,400)
 Made in China


BASKETS


FLASH PREMIO S

 OZ84021
 ¥2,860 (本体 ¥2,600)
 Made in China


FLASH PREMIO M

 OZ84121
 ¥2,860 (本体 ¥2,600)
 Made in China


FLASH L


 OZ84221
 ¥2,860 (本体 ¥2,600)
 Made in China

XC BASKET 11 MM

 OZ84321
 ¥1,870 (本体 ¥1,700)
 Made in China

OFFTRACK BASKET

 OZ84521
 ¥2,860 (本体 ¥2,600)
 Made in China


BC BASKET

 OZ84721
 ¥3,630 (本体 ¥3,300)
 Made in China

BC BASKET XTD

 OZ84722
 ¥3,630 (本体 ¥3,300)
 Made in China

XC BASKET 9 MM

 OZ84322
 ¥1,870 (本体 ¥1,700)
 Made in China


Model & Article no. Description, Compatibility


EXCHANGE SYSTEM


EXCHANGE BASKET S

 OZ83021
 ¥3,520 (本体 ¥3,200)
 Made in China


EXCHANGE BASKET M


 OZ83221
 ¥3,520 (本体 ¥3,200)
 Made in China

EXCHANGE BASKET L

 OZ83421
 ¥3,520 (本体 ¥3,200)
 Made in China


EXCHANGE BASKET AL S

 OZ83121
 ¥3,520 (本体 ¥3,200)
 Made in China

EXCHANGE BASKET AL M

 OZ83321
 ¥3,520 (本体 ¥3,200)
 Made in China

EXCHANGE BASKET AL L

 OZ83821
 ¥3,520 (本体 ¥3,200)
 Made in China

EXCHANGE BASKET ROLLER

 OZ83521
 ¥3,300 (本体 ¥3,000)
 Made in China

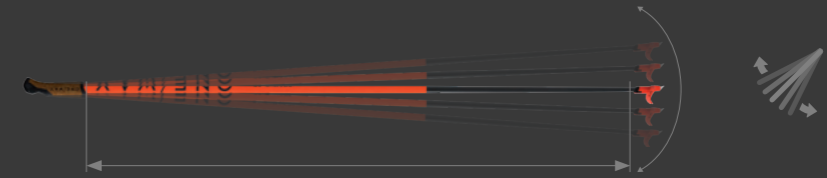
SHAFTS

PREMIO 40 KIT SHAFT PC

 OZ85124
 ¥33,000 (本体 ¥30,000)
 Made in China

STORM GTX SHAFT - CUSTOM COLOUR

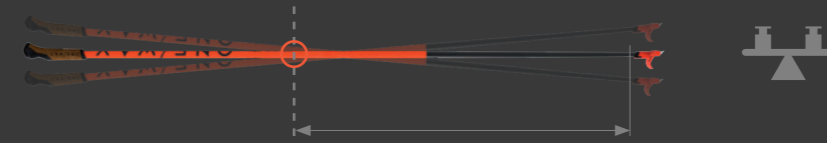
 OZ85623
 ¥9,900 (本体 ¥9,000)
 Made in China

NORDIC POLE PARAMETER



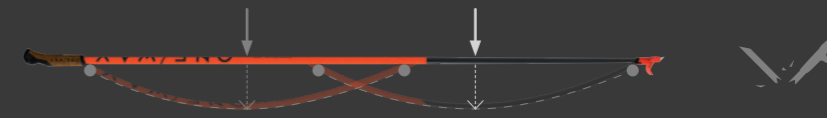
SWINGWEIGHT [kgm²]

The swingweight refers to the pendulum motion of a pole. The more weight near the tip of the pole, the more energy the skier has to spend. Ski poles are tested for swingweight performance without a grip, strap, and basket. The lower the swingweight, the better.



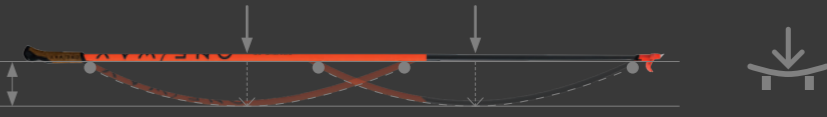
BALANCE POINT [mm]

This measurement is taken from the top of the pole and describes the point where the pole is in equilibrium. It is measured without grip and basket using a shaft length of 1350mm. The higher the center of gravity, the better.



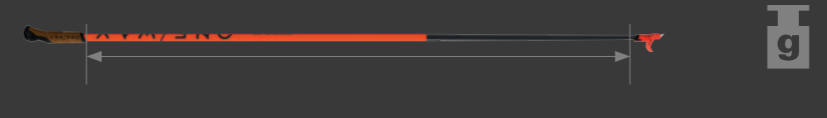
BREAKING LOAD [N]

An essential mechanical value that describes the breakage resistance of a pole in the event of external forces. It is an indicator of durability. To test breaking load measurements are taken at two different points along the shaft, a force is then applied to the middle part of each section until the pole fails. These two values are then averaged to give the breaking load. The higher the breaking load, the better.



STIFFNESS [mm]

This factor determines the efficiency of the force transmission during propulsion. A stiffer pole transmits more of the skier's energy, and the less is absorbed by flex in the pole. Stiffness is measured without grip and basket. A force is applied at two different points directly in the middle of each section, and the maximum deflection is measured. These two values are then averaged to give the stiffness. The stiffer the shaft, the better.



WEIGHT [g/m]

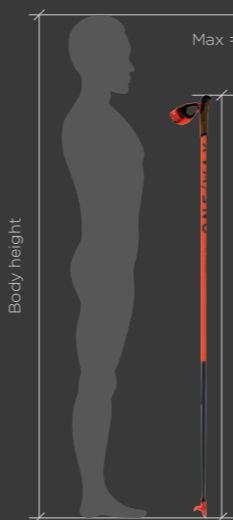
Pole shaft weight is a major determining factor in the overall performance of a ski pole. It is a measurement of the total weight of the pole shaft per meter without grip and basket. The material used in construction significantly influences this number. The lower the weight, the better.

Article no.	Model	Material Shaft	Grip	Strap	Strap size	Shaft ø (mm)	Weight per meter (g)	Basket	Lengths	Tip	Finish
WOLRD CUP											
OZ40024	PREMIO 40	UHM Carbon 100%	MRS Grip MV	MRS WC Strap	L 165 - 175 cm M 145 - 162,5 cm S 135 - 142,5 cm	16:9	52	Exchange Basket M	135 - 175 (2,5cm)	Sintered Tip	Decal w/o finish
OZ40124	PREMIO 40 KIT	UHM Carbon 100%	To be ordered separately.	To be ordered separately.		16:9	52	Exchange Basket M	KIT 150, 160, 170, 180	Sintered Tip	Decal w/o finish
STORM GTX											
OZ41323	STORM GTX ORANGE - COMPLETE KIT	Carbon 70%	Mag Point Grip 2.0	Mag Point Strap 2.0	S, M or L	16:9	85	Exchange Basket M	KIT 170 cm	Sintered Tip	Softtouch
OZ41423	STORM GTX YELLOW - COMPLETE KIT	Carbon 70%	Mag Point Grip 2.0	Mag Point Strap 2.0	S, M or L	16:9	85	Exchange Basket M	KIT 170 cm	Sintered Tip	Softtouch
OZ41523	STORM GTX PINK - COMPLETE KIT	Carbon 70%	Mag Point Grip 2.0	Mag Point Strap 2.0	S, M or L	16:9	85	Exchange Basket M	KIT 170 cm	Sintered Tip	Softtouch
OZ41623	STORM GTX BLUE - COMPLETE KIT	Carbon 70%	Mag Point Grip 2.0	Mag Point Strap 2.0	S, M or L	16:9	85	Exchange Basket M	KIT 170 cm	Sintered Tip	Softtouch
RACE											
OZ42121	STORM 3	Carbon 90%	Carbon Grip	AV Race Strap	L 150 - 175cm M 135 - 147,5cm S 130 - 132,5cm	16:9	80	Exchange Basket M	130 - 175 (2,5cm)	Sintered Tip	Softtouch
OZ42323	STORM 4	Carbon 70%	Carbon Grip	AV Race Strap	L 150 - 175cm M 135 - 147,5cm S 130 - 132,5cm	16:9	85	Exchange Basket M	130 - 175 (2,5cm)	Sintered Tip	Softtouch
OZ42521	STORM 5	Carbon 50%	Carbon Grip	AV Race Strap	L 150 - 175cm M 135 - 145cm S 130cm	16:9	90	Flash Premio M Basket (flame)	130 - 175 (5cm)	Sintered Tip	Softtouch
OZ42922	STORM 6 DARK	Carbon 30%	Carbon Grip	AV Race Strap	L 150 - 175cm M 135 - 145cm S 130cm	16:9	100	Flash L Basket (neon yellow)	130 - 175 (5cm)	Sintered Tip	Softtouch
FITNESS											
OZ43121	DIAMOND 1	Carbon 10%	Cork Grip half	AV Strap	L 150 - 165cm M 135 - 145cm S 125 - 130cm	16:11	105	XC Basket 11mm	130 - 155 (5cm)	Steel Tip	Softtouch
OZ43221	DIAMOND 2	Fiberglass 100%	Cork Grip half	AV Strap	L 150 - 165cm M 135 - 145cm S 125 - 130cm	16:11	112	XC Basket 11mm	135 - 155 (5cm)	Steel Tip	Softtouch
OZ43321	DIAMOND 3	Fiberglass 100%	Cork Grip half	Exit Strap	One size	16:11	112	XC Basket 11mm	125 - 165 (5cm)	Steel Tip	Softtouch
BACKCOUNTRY											
OZ45024	BC VARIO	Alu 7075	Multi Grip + Grip Elongation	Fusion Strap	One size	16:14:9	105	BC Basket	115 - 160 (variable)	Sintered Tip round	Matt
OZ45224	BC MOUNTAIN	Alu 7075	Multi Grip	Fusion Strap	One size	16:9	105	BC Basket XTD	130 - 165 (5cm)	Steel Tip directional	Matt
OZ45221	BC OFFTRACK	Alu 6013	TPR Grip	Fusion Strap	One size	16:9	115	Offtrack Basket	120 - 165 (5cm)	Steel Tip	Matt
JUNIOR											
OZ46124	PREMIO JR	Carbon 60%	MRS Grip LV	MRS WC Strap	L 145cm M 115 - 140cm S 100 - 110cm	16:9	75	Exchange Basket M	100 - 145 (5cm)	Sintered Tip	Decal w/o finish
OZ46224	STORM VARIO JR	Carbon 50%	Cork Kids Grip	AV Race Strap	M	16:14:9	75	Flash Premio M basket (yellow)	90 - 130 (adjustable)	Sintered Tip	Matt
OZ46221	STORM JR	Carbon 10%	Cork Kids Grip	AV Race Strap	L 145cm M 115 - 140cm S 100 - 110cm	16:9	75	Flash Premio M Basket (flame)	100 - 145 (5cm)	Sintered Tip	Matt
OZ46321	DIAMOND JR	Fiberglass 100%	Cork Kids Grip	Exit Strap	One size	16:11	95	XC Basket 11mm	70 - 130 (5cm)	Steel Tip	Softtouch

Article no.	Model	Dimension	Volume (L)	Material
POLE TUBES & CASES				
OZ18023	SKI POLE TUBE TELESCOPE - 8 PAIRS ¥19,800 (本体 ¥18,000) Made in China	155-185 x 19 x 10cm		900D RPET
OZ18123	SKI POLE TUBE SMALL - 4 PAIRS ¥12,100 (本体 ¥11,000) Made in China	178 x 18 x 18cm		900D RPET

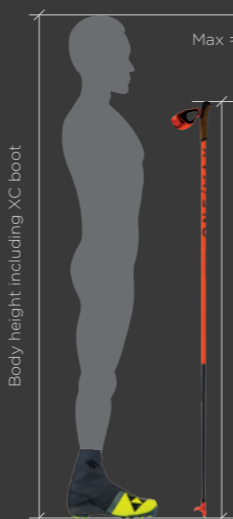
POLE LENGTH ADVICE

NORDIC



Body Height	Skating		Classic		Fitness	
	from	to	from	to	from	to
200	175	180	167.5	172.5	152.5	162.5
195	170	175	162.5	167.5	155	160
190	167.5	172.5	157.5	162.5	150	155
185	162.5	167.5	155	160	145	150
180	160	165	150	155	140	145
175	155	160	145	150	140	145
170	150	155	140	145	135	140
165	145	150	137.5	142.5	130	135
160	140	145	135	137.5	125	130
155	135	140	130	135	120	125
150	130	135	125	130	115	120
145	125	130	120	125	115	120
140	120	125	115	120	110	115
135	115	120	110	115	105	110
130	110	115	105	110	100	105
125	105	110	100	105	95	100

NORDIC ACCORDING TO FIS RULES



Body Height	Classic
	cm
200	168.5
195	164.5
190	160.5
185	156.5
180	151.5
175	147.5
170	143.5
165	139.5
160	135.5
155	131.5
150	127.5
145	122.5
140	118.5
135	114.5
130	110.5
125	106.5



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